

St Bernard's College Sports Newsletter



Welcome to our Sponsors and Community Sports Newsletter - Term 2

We hope this newsletter finds you well and thriving. As we dive into the heart of the winter sports season, we are excited to share some updates and highlights from each of our Sports Codes.

Term Highlight:

New uniforms and designs have arrived and are now well presented out there on the field or court.

All our our Premier teams are set-apart by having white numbers on their playing tops, (all other teams have yellow). Where practical our Premier teams also have reversible playing tops, blue and yellow. It was the most cost effective way of being able to play home and away games without having to supply 2 sets of uniforms. Any yellow playing sets are for Premier teams only.

This hopefully gives other players something to strive towards and a visual separation between those that have strived to achieve high.

Thank you to our major sponsors:

- 1st XV Rugby: Peryer Construction
- Senior A Basketball: Evolution Windows
- Junior A Basketball: Platinum Plumbing and Heating
- 1st XI Football: Des Smith (Ray White)
- 1st XI Junior Football: Austin Family
- 1st XI Hockey: The Mortgage Advice Company

Each sponsor was given the opportunity to present the new uniforms to our teams. We thank them for taking time out to make this a special moment for our boys and their families.

As we continue to expand and enhance our programs, we are still looking for sponsor support for our summer sports codes, who share our passion for sports excellence and community impact. For further information please e-mail: sponsorship@sbc.school.nz

Terminology used in our newsletter

- Seniors = Year 11, 12, 13's
- Juniors = Year 9 & 10
- Intermediates = Year 7 & 8's

New Uniforms



Our Junior 1st XI Football team, feeling blessed in their new Premier Training tees. These tees are only available to our top teams at SBC and are worn with pride. Each team has sponsor(s) which helped supply these for our boys

Badminton



Badminton is available in term 2 for years 9-13 only. However we have some intermediates playing in our junior teams and a junior playing in our senior team, this gives them the opportunity of playing at a higher level. Term 3, only our top Junior and Senior teams continue to play as the other grades have finished for the year. Our Intermediates start back up again in term 3 and are looking forward to it.

Badminton is not a large sport at SBC, but the boys who play are dedicated and for some it is all they play. These boys set-up and pack-down each week to get their games ready for our visiting teams. They are reliable and passionate with no-fuss attitudes. Our top junior and senior team each received a Premier Training tee which they play in with pride.



Basketball

Basketball is one of our largest sports at SBC with 159 students who play

- 5 Intermediate teams
- 6 Junior teams
- 6 Senior teams

With only a role of 680 students we certainly compete at a high level. With our Senior and Junior A Teams both qualifying again for Premiership. Both teams look forward to their tournaments during Winter Tournament Week.

We started our own Intermediate 'A League' for the first time this term with 10 teams from around the Lower Hutt and Upper Hutt areas attending. We offer more game time, great reffing and a well-run competitive competition. We brought in ex-student Amon Maluschnig to run the competition, Amon comes with great knowledge of the game and also a great rapport with people, he is the heart-beat of this comp and we are grateful he can fit this in, along with his university studies.

Ironically our quite exceptional, well coached SBC Team won the competition in term 2, lets see if they can go back to back with winning again in term 3.

Basketball continues in term 3.



SPECIAL MENTION:

Thank you to Dominic Outtrim (SBC Business Manager) and his team, for the hard work that has gone into providing us with the state of the art Basketball court. This opened up in term 2 and was envied by many in our region. We are lucky to have such a top class court for our ballers. It was great to see that Dominic put the final touches on with having our school crest placed right in the centre too.



CONGRATULATIONS:

Congratulations to 2023 student Riley Manu, Riley is a dedicated basketballer and ever since he was young had set goals on getting a scholarship to study and play ball in America.

A few weeks ago his dream came true and has accepted a scholarship at Harper College, Illinois, Chicago. We are so proud of Riley a true SBC boy, a fine young man with a beautiful family. We wish Riley all the best and can't wait to follow his successes.



Cross Country

Thank you to Mr Hewson (Head of PE), who organises our school Cross Country event in Alicetown. All intermediates and Juniors compete and senior students sign up to race. Those students that qualify then enter into Regionals.

REGIONALS: Year's 9-13, We took 9 runners to the College Sport Wellington Regionals, they embraced the challenges, and showcasing their dedication to the sport. Below is a photo of the boys prior to their races, all smiles here! It is not an easy 3k run as they navigate up and down hills and through the muddy course. Nice work boys!



Our Intermediates compete in Trentham run by the Lower Hutt Primary schools. Congratulations to Joel Ellis who came 2nd at Interzone and then went onto compete at Regionals for Lower Hutt and came 9th. An outstanding effort by this young man, he is very focused and passionate about his sport.



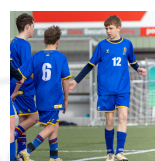
Football

The football season is in full swing, and our teams have been showing exceptional skill and dedication. As the winter rolls on our teams have been working diligently and some teams are achieving impressive milestones.

We managed to secure Trafalgar Park, which is in walking distance from our school and has kept football and rugby teams off our playing fields for trainings, in turn kept in tact for playing days. Unfortunately there are always pros and cons for these decisions and the footballers have gone without goals for most of their season. Not ideal and if we are to stay at Trafalgar for future, we will need to look at further solutions. Thank you to our managers and coaches for navigating through the season so far. Along with Mr Harrison (Football Director), for his additional time over teaching and being a Dean.

Another highlight is that we managed to field 5 teams this season, one more than last year. We aim to bring in some development player opportunities for our year 9's and 10's for term 3, along with Level 1 coaching courses for our coaches. It is important and is always on our mind to upskill our coaches for our students, they are key to our teams successes going forward.

Football continues in term 3.



Hockey

For the first time in many years our hockey team is playing in the same uniform. This is embarrassing to admit, and we are extremely thankful that Allister from Mortgage Advice Company saw the need to support, and provided them with new uniforms.

To the right are photos of the team with Allister, in their reversible playing tops.

Congratulations to our team who despite all odds and having players ranging from years 8 to 13 they still compete at Premier 3 level.

I would like to thank the amazing support of the hockey community, Coach Sam Jones and in particular Cath Taylor who is on her 9th year involved in SBC hockey.

Hockey continues in term 3.



Rugby (Nick Risdon, Rugby Director)

Rugby at SBC continues to be in good stead with once again 5 teams fielded in 2024. This includes a slight increase in registered players from last year and is one of most popular sport at SBC by number of players.

While there is always room for improvement, overall, teams have been performing well:

- 1st XV: Once again qualified for Premier 1, and finished Term 2 with great wins over FDMC (36-19) and Tawa College (27-7), hinting at the potential of the team.
- 2nd XV: Made the step up to Premier 3 this year after strong performances through grading rounds, have looked confident and capable. Currently sitting in 3rd place and have wins over Mana College and Upper Hutt College 1st XV's to their names.
- U15's Gold: Growing as a team week by week. Have qualified for the Father Gus Hill Cup (Div 1 / Round 2) as one of the top 4 U15 sides in Wellington.
- U15's Blue: Performances have grown each week, as has their playing numbers with a number of boys keen to jump in and give rugby a go, some for the first time.
- U65's: Have punched above their weight and age with a mostly Year 9 team. Finished the first round of Div 2 in 2nd place.

Other highlights so far include:

- Games for our Year 7/8 boys. We have had 2 fixtures so far with wins over HIBS (21-17) and Maidstone Intermediate (53-5). This gives our boys, who on Saturdays play for their individual club teams, as chance to play with their school mates and learn about the pride in playing for SBC!! A highlight was playing in front of the whole school in a game against HIBS.

Cont.



- Home games!! It's been great to see SBC full of supporters on a Saturday and be able to host the traditional 1st XV after-match with our opponents after a hard fought match. It's also a great way to connect our SBC whanau.
- Our flash goal post pads and field marker flags. Thanks to Rob Law Max and No Pressure Plumbing and Gas.
- New jerseys for the 2nd XV.
- A number of players recognized with selection in U16 and U18 Development camps
 - Wtgn U16: Arlo Cross, Taika Cross, Orlando Sakalia, TJ Fonoti, TJ Tanoa'I, Wairangi Manaipoto and Kavell Manaia.
 - Wtgn U18: Deacon Afoa, Jesse Smith, Logan-Paul Woolley and Isaac McGuinness.
- Presentation of 1st XV Caps to Ilalio Perez, Kingston Wright, Hoani Richards, Jesse Smith, Jahrome Orupe, Logan-Paul Woolley, Peighton Faamausili and Carlos Taaga-Anae.



Hato Paora and FDMC Traditional Fixtures

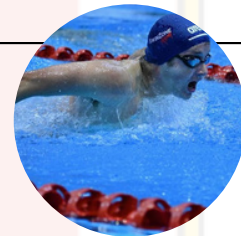
Term 2 saw both our 1st XV and U15's play in annual traditional fixtures against Hato Paora College (Away) and Francis Douglas Memorial College (Home). The exchange with Hato Paora has been going since 1981, while the exchange with FDMC started in 2002 as a preseason game and has grown into a full sports exchange.

While the results (below) were pleasing, the exchanges offer a great opportunity for camaraderie, sportsmanship and cultural exchange.

1st XV v Hato Paora 46-20 Win
 U15's v Hato Paora 48-0 Win
 1st XV v FDMC 36-19 Win
 U15's v FDMC 17-19 Loss

Nick Risdon

Swimming - Student Highlight Ben Housden (Yr 13)



Ben Housden continues to represent the College with distinction in swimming. Ben swims competitively for the Lower Hutt based SwimZone Racing club. The club has a proud tradition of high level achievement. Ben is coached by the well known Frank Tourelle. The first term is traditionally the long course season (50 m length pools only). Unfortunately Ben sustained a serious wrist injury in late January which majorly impacted his preparation and participation in the major national events during this time.

Term 2 and 3 are dominated by short course events (25m length pools only). In mid June Ben represented the College at the College Sport Wellington Regional Championships across four events including his two favourite events – butterfly and freestyle. Ben achieved 3 personal bests at the meet and was highly placed in a very competitive field. The major event in Term 2 is the Wellington Short Course Championships. Ben qualified in 10 separate events ranging from the 100m Individual Medley through to the 200m freestyle. Ben's injury set back was truly put behind him when he completed an unprecedented 10 consecutive personal bests. He was a top 8 finisher in virtually all those events which was an outstanding achievement, given his recent injury and that at his age he is now competing in the open division against some of the top swimming talent in New Zealand. Ben is now looking forward to representing SBC at the New Zealand Secondary Schools' Championships in late July across the full range of swimming disciplines.

In Term 3 we look forward to our own College Swimming Champs – a small but enthusiastic group have entered. Swimming is in good heart in the Hutt Valley and will be enhanced by the soon to open Naenae Pool. This will be an Olympic level facility which our College will be able to access in order to enhance swimming and other related sports such as water polo.

Squash

There is no weekly competition for squash, players that play would join a club to learn and grow their game.

There is one Regional event that College Sport Wellington offer to squash players and this is held at the Ricoh Centre in Naenae.

For Regionals Jacob Win and Tyler Shaw (year 12's) decided to enter. Jacob competes most years and he did not disappoint, with coming away with a 1st place medal for the Rookie grade. It was clear Jacob certainly could have played higher and we will be pushing him to do so next year.

Nice work boys.



Table Tennis

This is not a major sport at SBC, but we have some dedicated table tennis players who each week compete in the College Sport Wellington Competition. This is held at the Empire hall in Petone. It is well run and the boys have enjoyed the weekly competition.

Their season has now finished but term 3 is the opportunity to compete in the Regional Tournament.

We are very grateful for Mairead Conway who looks after all our teams each week, and caters to their every needs. Mairead is a parent who embraces our SBC community and is involved in other teams and always offers to help where is needed. We are very blessed to have many parents like Mairead here at SBC.

Water Polo

Water Polo is played by Intermediates in term 2. With the closure of Naenae pool Water Polo has suffered due to not enough pool time around the region. So this sport does not happen as often as it used to in the past.

Our Intermediate team coached by Ex-Student Colton Longstaff and 4 junior students played at Stokes Valley pool on Wednesday evenings. With only one loss in the entire season they came 3rd overall, they are team that were picked to be in finals but lost their only game in the semis. Thank you also to manager Brooke Woollett who supports and communicates with the team each week. We look forward to having more pool time when Naenae is back up and running and hopefully see Water Polo thrive again.





Sports Exchange



FRANCIS DOUGLAS MEMORIAL COLLEGE

This is one exciting sports exchange that has been going since 2002. Our schools have turns at billeting and hosting the exchange and we were lucky to have it at SBC this year. This created an opportunity for our community to open their homes and billet students from New Plymouth. I want to thank all our billeting families for making these anxious students feel welcome in your homes. I know this was an invaluable experience for everyone and for some were out of their comfort zones. Hosting this exchange is not only about the sports but the memories and new relationships that have formed over 2 days.

SBC and FDMC decided this year to introduce a Cup, where the winning school will take it back to their school for the year. Unfortunately due to 2 draws this cup now resides with Francis Douglas. We have decided going forward that there will be no draws and there will be out-comes to each game to really have a clear winner.

SPORT THAT WAS PLAYED:

- 1ST XI Rugby: Win
- U15's Rugby: Loss in the last minute
- 1st XI Football: Draw
- 1st XI Junior Football: Draw
- Senior A Basketball: Loss
- Junior A Basketball: Win
- 1st XI Hockey: Loss

It was a well matched exchange where some games could have gone either way.

Thank you to all our coaches and managers who had to take a day off work for this to happen, we are truly grateful for your time and dedication.

Thank you to Christine Afoa who was head of catering for 250 students and staff. Thank you also to Anne, Amy, Gareth for all the extra support that Christine needed for the day. Thank you.

Thank you to the SBC staff who supported on the day and teachers who had a lot of disruptions to their classes. We appreciate you!



Winter Tournament Week & AIMS Games

TERM 3

Winter Tournament Week is one of the 2 biggest sporting events on our sporting calendar. It is when Colleges from around the county travel and compete in various divisions for their respected codes. We have been preparing for this along with the biggest intermediate sporting event in Australasia which is held in Tauranga.

Winter Tournament Week

This major event runs from Monday 2nd to Sunday 8th September. This year we will be sending 3 teams away to compete at various tournaments.

- Senior A Basketball: Regionals in Palmerston North
- Junior A Basketball: Regionals in Palmerston North
- 1st XI Senior Football: Rex Dawkins Tournament in Napier

Tournaments are not getting any cheaper for families as prices rise, but we know these tournament experiences are invaluable for providing insight and greater comprehension of the efforts required to achieve success. These will be memories in our students lives forever.

AIMS Games

Aims games runs from Monday 9th to Friday 13th September and is the biggest sporting event for Intermediates in Australasia, with 12,500 competitors, 390 schools, 1,800 volunteers and 27 sports represented. It is a big highlight for those students selected into our AIMS teams. This year we are sending 3 teams and 3 individuals to the event.

- Basketball
- Rugby Sevens
- Football
- Individuals competing in: BMX and Badminton

Our basketball team is fortunate to play weekly together and will have plenty of practice leading up to their event. Sevens and Football have been creating their opportunities with one off exchanges and tournaments through term 2; Sevens attending a tournament, along with an exchange with Maidstone. Football has played Hutt International boys high and also attended a one day tournament. This was very successful for our footballers as they won in the final against a rival school that is known for their football.

The teams will continue to train and play where opportunities arise and put their best foot forward ready for AIMS.

I know that Connor who is competing in BMX, has set up a bike in his lounge to practice on and Ola and Jonah will get some good practice in with their weekly badminton competition starting next term.

We wish all the teams and individuals all the best with their trainings and future games. Thank you to all the coaches and managers dedicating so much time, along with an added week away. Enjoy your trip, we will keep everyone updated on our social media.

It's going to be EPIC!!!

HIGHLIGHTS AND WHAT TO LOOK FORWARD TO

Term 3 is all about finalising the season for Football, Rugby and Basketball. Then we head into Summer sports trials for term 4. We are aiming to take a Senior Touch Team to NZ Secondary Schools along with exploring the tournament opportunities for Hockey, Water Polo and League.

This term we also received many new items and equipment through sponsorship. Thank you for all your support to enhance sport at SBC.

- Training tees for all our Premier teams
- New uniforms for Premier teams, along with targeted basketball, rugby and football teams. We have further to go, to fit out all SBC sports teams but are working towards this
- Goal post pads for rugby
- Field flags for Football and Rugby
- Sideline jackets for 1st XI Football
- Promotional weekly posters via social media of our Premier teams with game fixtures along with a photo shoot
- Professional photography for social media coverage highlighting SBC sport in our wider community. note: some posts reach over 4 thousand



WHAT TO LOOK FORWARD TO:

- 27th July Sponsors & Old Boys Day
- Players and supporters apparel to purchase
- Coaches and managers apparel to have available to coaches/managers as they come onboard
- Leadership courses for students
- Building Culture
- Sprint training
- Lunch time Futsal competition
- Development for football coaches and players

There are some great things happening in St Bernard's sport, please make sure you follow our social media pages for all the latest updates.

Instagram & Facebook: [sbc183sport](#)

Kind regards

Director of Sport
St Bernard's College



THANK YOU!

We want to express our heartfelt gratitude for your ongoing support and belief in our mission to promote sports excellence and community engagement. Your sponsorship enables us to continue our efforts in cultivating a generation of talented athletes along with educating and working towards the 8 Player Expectations in SBC Sport.

As we navigate another exciting season of sports, we want to take a moment to extend our heartfelt gratitude to each and every one of you who dedicate your time, expertise, and passion to our athletes and teams. Your tireless efforts and commitment do not go unnoticed, and we are incredibly grateful for the impact you make on and off the field.

ST BERNARD'S COLLEGE SPORT SPONSORS



4 Ninety Electrical
Accountants Plus
AIB Group
AMC Electrical
Bathroom Solutions
Ben's Movers
Black Diamond Technologies Ltd
Blackler Smith and Co
Coventry Cars
Des Smith Ray White
Design Network Architecture Ltd
Devine Law Ltd
Duncan Commercial Construction
Ellis Plumbing & Gasfitting Limited
Enovate Consultants
Evolution Windows
Fantail Services
FH Group Developments
Gallagher Insurance NZ
Gillies Group Management Company Limited
Hayes Electrical
Heliner Limited
Home Improvements Ltd
HOBM Eagles Supporters Club
Jacks Bakery
James Cook Joinery
Keesing McLeod Lawyers
King Toyota, Lower Hutt

LT McGuinness
Manuka Health
Maycroft Construction
McCormack Group Ltd
NZ Retail Equipment Ltd
New World Lower Hutt
NME
No Pressure Plumbing Gasfitting and Drainage
Old Boy's
Old Boys in Blue
PCL Contracting
Peryer Construction
Peter Cullen
Petone Engineering
Platinum Plumbing and Heating
Pure Movement
Rob Law Max Recruitment
Seven Electrical Limited
Te Mahi Contractors
Tenui Consulting
The Mortgage Advice Company
Titan Cranes Limited
Top Floor Sanding
Unichem Pharmacy Johnsonville
Vision Enhancement NZ Limited
Whiting Financial Services Limited
Xplor Tours

Pat Martin, Peter Foster, Leo Lonergan, John Wootton, Kevin Kane, Warren Owen, Peter Norton, Steve Stokes, Alan Seerup, Damian Peters, Gavan O'Connor, James Metson, Bernard Lagan

THANK YOU FOR PARTNERING WITH US

8 PLAYER EXPECTATIONS

WHAT DO WE TEACH OUR PLAYERS IN SBC SPORT?



<p>Love Self</p> <p>Being Coachable Listen and respond with positive action. Be enthusiastic, ask questions.</p> <p>Work Ethic Bring your best all the time, do extra if required. Persevere through and show resilience when needed.</p>	<p>Love Others</p> <p>School Pride Support our teams, wear uniform correctly, clean and tidy - for yourself and those that have gone before you.</p> <p>Communication If you cannot attend, let your manager know and let coaches know if you need extra help.</p> <p>Being On-Time For your teammates, coaches, and managers.</p>
<p>Be Prepared Come with everything a good sportsperson needs for your sport.</p>	<p>Respect For your teammates, coaches, managers, officials, opposition, supporters and other's property.</p> <p>Help Out "Team bag, before your own bag". Make sure you help-out and clean up before leaving a training or game.</p>

In doing all these and being grateful, shows the love of God